

## Abstract

5                   A garment for a weak or paralyzed patient has handholds to assist a caregiver in moving or positioning the patient. The garment may have a double tail that is passed through the crotch of the patient and fastened on the front of the garment. The tail has left and right portions that pass on opposite sides of the patient's genitals to prevent discomfort caused by compression of the genitals. In another embodiment of the invention, short trousers have a cutout in the crotch area to prevent discomfort to a male patient. The garment includes handholds on an upper front portion of the garment so the patient can be pulled forward to position pillows behind the patient. One construction of the handholds includes dowels forming rigid members to facilitate gripping by a caregiver.